

Article pubs.acs.org/cm

Non-Invasive Characterization of the Organic Coating of **Biocompatible Quantum Dots Using Nuclear Magnetic Resonance** Spectroscopy

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Supporting Information

ABSTRACT: Colloidal quantum dots, made of semiconductor cores and surface coated with an organic shell, have generated much interest in areas ranging from spectroscopy to charge and energy transfer interactions to device design, and as probes in biology. Despite the remarkable progress in the growth of these materials, rather limited information about the molecular arrangements of the organic coating is available. Here, several nuclear magnetic resonance (NMR) spectroscopic techniques have been combined to characterize the surface ligand structure(s) on biocompatible CdSe-ZnS quantum dots (QDs). These materials have been prepared via a photoinduced ligand exchange method in which the



native hydrophobic coating is substituted, in situ, with a series of polyethylene glycol-modified lipoic acid-based ligands. We first combined diffusion ordered spectroscopy with heteronuclear single-quantum coherence measurements to outline the conditions under which the detected proton signals emanate from only surface-bound ligands and identify changes in the proton shifts between free and QD-bound ligands in the sample. Quantification of the ligand density on different size QDs was implemented by comparing the sharp ¹H signature(s) of lateral groups in the ligands (e.g., the OCH₃ group) to an external standard. We found that both the molecular architecture of the ligand and the surface curvature of the QDs combined play important roles in the surface coverage. Given the non-invasive nature of NMR as an analytical technique, the extracted information about the ligand arrangements on the QD surfaces in hydrophilic media will be highly valuable; it has great implications for the use of QDs in targeting and bioconjugation, cellular imaging, and energy and charge transfer interactions.

■ INTRODUCTION

Colloidal quantum dots are crystalline nanomaterials with size-, composition-, and shape-tunable optical and electronic properties.^{1–4} They exhibit unique photophysical properties, including broad absorption spectra with large extinction coefficients, narrow and symmetric emission profiles, and remarkable photostability and chemical stability. They have generated great scientific interest over the past three decades, for use in many energy-related and biorelated areas, e.g., photovoltaic and other optoelectronic devices, biosensing, and in vivo tissue imaging.^{5–17} Apart from these inherent properties, they possess another important characteristic: their surface coating is often complex and affects several of their photophysical properties. f6,18-21 The coating is made of organic ligands/surfactant molecules that coordinate on the nanocrystal cores, while promoting interactions with the immediate environment; this provides steric stabilization to the nanocrystals in solution phase. The nature of the ligand coordination, its density, and its lateral extension play an important role in controlling the

nanocrystal properties, e.g., hydrodynamic size, effective charge, long-term colloidal stability, and biocompatibility. The ligand arrangement on the nanocrystals is also highly relevant for controlled conjugation of the nanocrystals to target biomolecules. Therefore, a thorough understanding of the ligand arrangement on the nanocrystals is essential for optimizing the material's performance in biological as well as nonbiological matrices.

High-quality quantum dots (QDs, e.g., CdSe-ZnS core-shell nanocrystals), grown via "hot injection" methods, are the most promising nanomaterial for developing fluorescent platforms that can be effectively integrated with biological systems.^{9,22-25} As synthesized, the QDs are coated with a set of hydrophobic ligands. Interfacing them with biological systems thus requires postsynthetic surface modification. Several methods, often

Received: March 9, 2018 Revised: April 25, 2018 Published: April 26, 2018

involving ligand exchange with coordinating molecules or encapsulation within amphiphilic coatings, have been developed to prepare water compatible QDs.^{26–34} A wide range of coordinating ligands containing anchors such as carboxyls, amines, imidazoles, and pyridines have been recently tested.^{31,35–40} However, because of the strong metal coordination of thiol groups to Zn- and Cd-rich surfaces, the use of dihydrolipoic acid-modified monomers, oligomers, and polymers combined with ligand exchange has successfully been applied by several groups.^{38,41–52} Despite the continuous efforts geared toward ligand design and the preparation of functional biocompatible QD surfaces, a thorough characterization of the capping layer on hydrophilic QDs is still lacking; this reflects the difficulty of such a task and the complexity of these inorganic/organic hybrid nanomaterials.

Various analytical techniques, including thermogravimetric analysis (TGA), X-ray photoelectron spectroscopy (XPS), gel permeation chromatography (GPC), and matrix-assisted laser desorption ionization time-of-flight (MALDI-TOF) and inductively coupled plasma mass spectrometry (ICPMS), have been used to characterize the surfaces of various nanoparticles.^{22,53-61} While these techniques have yielded useful information about the coating layer, they have encountered a few stringent limitations. For instance, characterizing only surface-coordinated ligands without interference from those unbound in the sample is rather difficult; similarly, preserving the integrity of the nanoparticle surface coating during sample preparation and purification is tedious. Nuclear magnetic resonance (NMR) spectroscopy has recently emerged as one of the most promising techniques for characterizing the structure and dynamics of the organic coating of colloidal nanomaterials. Because it is nondisruptive, NMR can simultaneously probe combinations of surface-coordinated ligands, under various conditions, without altering the integrity of the nanoparticle-coat complex. ¹H NMR and ¹³C NMR combined with ³¹P NMR have been used to characterize the surface coordination of certain surfactant molecules used in the growth of the nanocrystals.⁶²⁻⁷² For example, the groups of Hens, Owen, and Weiss have used NMR spectroscopy to identify the binding modes of various alkyl ligands containing amine, carboxylic, and/or phosphonic acid on hydrophobic CdSe nanocrystals. 68,70,73-76 Additional solution phase NMR spectroscopy measurements were used to control or monitor ligand exchange and the stability of nanocrystals in polar solvents. Reiss and co-workers probed the effects of deprotonating the thiol groups in the capping ligand, via pH adjustment, on the strength of binding of cysteine molecules to QD surfaces and showed that this affects their colloidal stability in water media.⁷⁷ Similarly, Van Driessche, De Roo, and coworkers investigated the use of small amino acids as ligands to promote a ligand exchange-driven phase transfer of carboxylic acid-capped HfO2 and ZrO2 nanocrystals to various polar solvents.

Here, we detail the combined use of ¹H NMR, diffusion ordered spectroscopy (DOSY), two-dimensional ¹³C⁻¹H heteronuclear single-quantum coherence (HSQC), and ³¹P NMR spectroscopy techniques to characterize the structure and density of several hydrophilic CdSe-ZnS core–shell QDs that have been ligand exchanged with lipoic acid appended with polyethylene glycol (LA-PEG) ligands. More precisely, three sets of polyethylene glycol-modified lipoic acid ligands with distinct architectures have been tested: LA-PEG-OCH₃, bis(LA)-PEG-OCH₃, and LA-(PEG-OCH₃)₂. DOSY and HSQC measurements were first applied to distinguish between bound and free molecules in the medium, to identify the most informative protons in the ligands, and to account for potential signature overlap between distinct protons upon ligand binding. We further exploited the sharp ¹H signature(s) of the laterally extended terminal groups compared to various external standards, to estimate the number of ligands per nanocrystal. Three sets of core–shell QDs photoligated with these ligands have been characterized. We have investigated the effects of the QD surface curvature and structure of the ligand on the overall footprint area per ligand and found that all these parameters affect the ligand arrangements in these systems.

EXPERIMENTAL SECTION

Materials. Tri-n-octylphosphine oxide (TOPO, 99%), tri-noctylphosphine (TOP, 90% and 97%), n-hexylphosphonic acid (HPA), cadmium acetylacetonate [Cd(acac)₂, 98%], selenium metal (99.99%), hexamethyldisilathiane [(TMS)₂S, 98%], sodium azide, and 1-hydroxybenzotriazole monohydrate (HOBt·H2O) were purchased from Alfa Aesar (Ward Hill, MA). Tri-n-octylphosphine oxide (TOPO, 90%) and diethylzinc (99.9998%) were purchased from Stream Chemical Inc. (Newburyport, MA). 1-Hexadecylamine (HDA, 90%) and 1,2-hexadecanediol (HDDO, 90%) were purchased from Sigma Chemicals (St. Louis, MO). Poly(ethylene glycol)methyl ether (average molecular weight of ~750 Da), L-aspartic acid, (\pm) - α -lipoic acid, N,N-dicyclohexylcarbodiimide (DCC), 4-(N,N-dimethylamino)pyridine (DMAP), di-tert-butyl dicarbonate (Boc₂O), trifluoroacetic acid (99%), triphenylphosphine (TPP), ethylenediamine, 4 M HCl in dioxane, triethylamine, tetramethylammonium hydroxide (TMAH), sodium benzoate (>99%), NaCl, KHSO₄, KHCO₃, anhydrous Na₂SO₄, and organic solvents (chloroform, methanol, ethanol, hexane, tetrahydrofuran, ethyl acetate, dioxane, N,N-dimethylformamide, diethyl ether, etc.) were also purchased from Sigma Chemicals. Column purification chromatography was performed using silica gel (60 Å, 230-400 mesh, Bodman Industries, Aston, PA). (Trimethylsilyl)propionic-2,2,3,3- d_4 acid sodium salt (TMSP- d_4 , 99%) and deuterated solvents (e.g., chloroform-d and D_2O) used for NMR experiments were purchased from Cambridge Isotope Laboratories Inc. (Andover, MA). Ultrapure water used for all experiments was obtained from a Milli-Q Integral 5 system. Moistureand air-sensitive materials were handled in an MBraun (Stratham, NH) Labmaster 130 glovebox. Air-sensitive reactions were performed using standard Schlenk techniques.

Growth of CdSe-ZnS Core–**Shell Quantum Dots.** The CdSe-ZnS core–shell QDs were prepared in two steps using the hot injection method, as described in previous literature protocols.^{22,79–82} First, the organometallic precursors consisting of cadmium acetylacetonate [Cd(acac)₂] and trioctylphosphine-selenium (TOP:Se) were reduced at a high temperature (~350 °C) in a coordinating solvent mixture, consisting of TOP, TOPO, HDA, and HDDO, to grow the CdSe cores. The cores were then overcoated with a few monolayers of a ZnS shell (approximately five or six monolayers) using Et₂Zn and TMS₂S precursors at lower temperatures (150–180 °C). Further description of the growth reaction is provided in the Supporting Information.

Synthesis of the PEG-Modified LA Ligands. Three sets of PEGmodified LA ligands, containing one or two lipoic acid (LA) anchors and one or two polyethylene glycol moieties, were prepared and tested in this study.^{41,45} All compounds were purified using silica gel chromatography.^{41,45,46,83} LA-PEG₇₅₀-OCH₃ (L1) was synthesized starting from commercially available methoxy-PEG₇₅₀-OH following the protocol reported in ref 45. Briefly, the terminal hydroxyl group of methoxy-PEG₇₅₀-OH was first converted to azide and then transformed to amine. This amine was further attached to lipoic acid via *N*,*N*-dicyclohexylcarbodiimide (DCC) coupling to provide LA-PEG-OCH₃. LA-(PEG-OCH₃)₂ (L2) was prepared starting from L-aspartic acid as a precursor, following the method introduced in our previous report.⁴¹ Briefly, the amine moiety in the L-aspartic acid was coupled to Boc₂O (i.e., BOC protection) to reduce the effects of cross-coupling reactions. Then, 2 equiv of NH₂-PEG-OCH₃ was added to install two PEG chains onto the Boc-aspartic acid, via DCC coupling. Subsequently, deprotection of the amine group was performed using 4 M HCI in dioxane, followed by coupling to 1 equiv of lipoic acid, yielding the compound LA-(PEG-OCH₃)₂. Bis(LA)-PEG-OCH₃ (L3) was also synthesized using the same L-aspartic acid precursor, but following a slightly modified protocol.⁴¹ In the first step, 1 equiv of NH₂-PEG-OCH₃ was mixed with BOC-protected aspartic acid to modify one carboxyl group with a PEG block. The second carboxyl was coupled to LA-ethylenediamine. After BOC deprotection using dioxane/HCl, a second lipoic acid was attached to the amine group via DCC coupling, yielding bis(LA)-PEG-OCH₃.

Photoligation of QDs with PEGylated LA Ligands and NMR Sample Preparation. In situ photochemical transformation of lipoic acid combined with ligand exchange was used to substitute the hydrophobic coating and transfer the QDs to aqueous media. This photoinduced strategy exploits the sensitive nature of the LA moieties under ultraviolet (UV) irradiation, where photochemical transformation of the dithiolane groups alters the disulfide bond and facilitates ligation on the QD surfaces.⁸⁴ Additional details are provided in the Supporting Information.

To prepare the samples for NMR experiments, the QDs were dried and transferred to deuterated solvents; e.g., DI (deionized) water was replaced with D_2O . For the latter, three rounds of concentration and dilution with D_2O using a centrifugal membrane filtration device (molecular weight cutoff of 50 kDa, Amicon Ultra, Millipore) were applied; this removes H_2O and excess free solubilized ligands from the sample. The resulting dispersions were then transferred to a 5 mm diameter 600 MHz NMR tube and used to collect the spectra. The same protocol was used to prepare hydrophilic QDs capped with LA-PEG-OCH₃, LA-(PEG-OCH₃)₂, or bis(LA)-PEG-OCH₃.

Analytical Measurements. The ultraviolet-visible (UV-vis) absorption spectra were recorded using a Shimadzu UV-vis absorption spectrophotometer (UV 2450 model, Columbia, MD). A Fluorolog-3 spectrometer (Jobin Yvon Inc., Edison, NJ) was used to measure the fluorescence spectra. The photoligation experiments were conducted in a UV photoreactor (emission band centered at 350 nm, 4.5 mW/cm², model LZC-4 V, Luzchem Research Inc., Ottawa, ON). A lab-scale rotary evaporator (R-215, Buchi, New Castle, DE) was used to concentrate or dry the various ligand solutions and QD dispersions.

NMR Spectroscopy Measurements. All NMR spectra were recorded using a Bruker Avance III HD 600 MHz spectrometer equipped with a 5 mm z-gradient Broad Band Observe (BBO) probe (Bruker SpectroSpin, Billerica, MA) operating at 600.13 MHz (for the ¹H frequency) and 242.9 MHz (for the ³¹P frequency). All spectroscopic measurements were taken at room temperature (~293.5 K). The ¹H NMR spectra were recorded using a 90° highpower pulse with a duration of 13.0 μ s, an acquisition time of 1.5 s, and a delay time d_1 of 6 s. A line broadening of ~0.3 Hz (i.e., <1 Hz) was applied before the Fourier transform was performed. The delay time mentioned above was determined using the requirement $d_1 > 5T_1$ (T_1 is the spin–lattice relaxation time), to ensure that sufficiently long recovery delays are met. The T_1 measurements were optimized using the pulse program "t1ir1d".

The two-dimensional (2D) 13 C $^{-1}$ H heteronuclear single-quantum coherence (HSQC) spectra were recorded using a standard Bruker pulse sequence "hsqcetgpsi.2" with a 10 s 90° pulse width, a 2 s pulse delay, and a 145 Hz $^{1}J_{C-H}$. The HSQC data were acquired with 2048 data points (for ¹H) and 256 increments (for ¹³C). The solvent (H₂O) residue peak was used for chemical shift calibration. The diffusion ordered spectroscopy (DOSY) data were collected at room temperature (293.5 K) using gradient pulse sequences "stebpgp1s" with a 5 s relaxation delay and four dummy scans. The 90° pulse width was calibrated for each DOSY experiment typically over the range of 10–13 s. Each 2D slice represents the signal average over 16 scans. The gradient duration and diffusion time vary for different samples. The diffusion time depends on the T_2 relaxation times of the resonances in the spectrum (~100–300 ms). Typical experimental parameters used

for data from yellow-emitting CdSe-ZnS QDs were as follows: gradient strength of 45 G/cm, diffusion time of 200 ms, and gradient pulse length of 3 ms. The number of steps for the ramp is between 32 and 64. Manual baseline corrections were made to minimize the experimental error. The residual H_2O peak was used as an internal diffusion coefficient reference. Similar experimental parameters were applied for all QD samples.

RESULTS AND DISCUSSION

Rationale and Motivation. Postsynthetic surface modification of colloidal nanocrystals (e.g., luminescent QDs and plasmonic nanocrystals) with a hydrophilic coating is an integral part of interfacing them with biology. Phase transfer promoted by ligand exchange of the native capping surfactants with hydrophilic ligands, which is primarily driven by competitive coordination interactions, is highly effective. This strategy promotes steric stabilization of the nanocrystals (as nanocolloids), while endowing them with biocompatibility. The nature and spatial arrangement of the surface ligands affect the long-term colloidal stability, determine their hydrodynamic size, and impart surface functionality onto such nanomaterials. Furthermore, because there is a dynamic on-off equilibrium between surface-bound and freely diffusing ligands in the dispersion, the arrangement of the ligands on the nanocrystal surfaces can be affected by the molecule size and architecture, the coordination affinity, and the surrounding environment.

Characterization of the ligand coating of various nanomaterials has focused on determining the ligand density, but often "disruptive" techniques have been employed to achieve this aim. For example, in an earlier study, we combined dye labeling with UV-vis absorption to extract a measure of the density of LA-PEG ligands on AuNPs. Citrate-capped nanoparticles were exchanged with a mixture of LA-PEG-methoxy and LA-PEGmaleimide ligands followed by coupling of the ligand to a cysteine peptide dye.⁸⁵ In another study, we applied a slightly different strategy to quantify the density of LA-PEG ligands on luminescent QDs.⁸⁶ We relied on hydrazone ligation between aldehyde-modified LA-PEG on the QDs with 2-hydrozinopyridine, which promoted the formation of bound hydrazone chromophores with a defined absorption at 350 nm. Other studies used a variety of approaches, including dye labeling via EDC coupling between amines and NHS ester dyes.⁷⁰ These techniques encounter a few natural hurdles, in particular when using methods that rely on dye labeling, as this introduces additional steric constraints and may yield underestimated ligand density values. Therefore, a nondisruptive and easy to implement analytical tool is required to provide a true characterization of the organic coating layer.

NMR is nondisruptive, as it does not introduce additional labels, and its use to characterize molecules and colloidal nanomaterials in solution has attracted intense interest.^{70,71,74,87,88} With the recent advances in NMR instrumentation and the increased sensitivity of the technique, solution phase NMR spectroscopy can non-invasively probe the surface coating under various conditions. Our study aims to address a few questions. (1) What degrees of post-phase transfer purification are required to yield samples in which only bound ligands are accounted for in the NMR measurements while sterically stabilized nanoparticle dispersions are maintained? (2) How does the coordination number and steric hindrance of the hydrophilic block in the ligand structure affect the surface coverage? (3) Does the surface curvature of the QD play a role in determining the footprint area of the surface-



Figure 1. (A) Schematic representation of the phase transfer route from organic to buffer media, promoted by photoinduced ligand exchange. Chemical structures of three sets of lipoic acid-based ligands used, namely, LA-PEG-OCH₃ (L1), LA-(PEG-OCH₃)₂ (L2), and bis(LA)-PEG-OCH₃ (L3). (B) Absorption and (C) emission spectra of green-emitting ($\lambda_{em} = 536$ nm), yellow-emitting ($\lambda_{em} = 570$ nm), and orange-emitting ($\lambda_{em} = 590$ nm) QDs. The absorption and emission spectra are normalized with respect to the values at the band edge absorption and PL peaks, respectively. The solid lines represent the native hydrophobic QDs in toluene. The dotted lines with symbols are spectra collected from hydrophilic QDs photoligated with LA-PEG-OCH₃.

bound ligands? For this, we applied a few NMR spectroscopy techniques to characterize three sets of QDs with distinct emission, surface coated with three PEG-modified LA-based ligands with variation in the coordination number and size of the hydrophilic block (see Figure 1).

Optical Characterization of the QDs. We used three sets of core-shell QDs with PL emission centered at 536 nm (green QDs), 570 nm (yellow QDs), and 590 nm (orange QDs). The phase transfer relied on photoligation of the hydrophobic nanocrystals with three sets of polyethylene glycol-modified lipoic acid ligands: LA-PEG-OCH₃ (one anchor and one PEG block, L1), LA-(PEG-OCH₃)₂ (one anchor and two PEG chains, L2), and bis(LA)-PEG-OCH₃ (two anchors and one PEG block, L3) (see Figure 1). Ligand exchange was promoted by photochemical transformation (reduction) of the lipoic acid groups under UV irradiation (using a band centered at 350 nm) and in situ substitution of the native hydrophobic cap with the PEGylated ligands. Following ligand exchange, the hydrophilic QDs were purified from free ligands and remnant solubilized hydrophobic cap by applying up to three rounds of dilution and concertation with deionized water or D₂O, using a membrane filtration device (Millipore, Amicon Ultra, molecular weight cutoff of 50 kDa).⁸⁴ The QDs were then characterized using UV absorption and fluorescence spectroscopy measurements. Panels B and C of Figure 1 show the absorption and PL spectra of the three sets of QDs dispersed in toluene and in water, respectively, after ligand exchange. Spectra indicate that the main absorption characteristics of the QDs, namely, the location and shape of the excitonic peaks, are preserved. Similarly, the emission profiles collected from the hydrophilic nanocrystals are essentially identical to those measured from hydrophobic QDs. Overall, these results confirm that the photoligation strategy does not alter the structure or the photophysical properties of the nanocrystals.

Characterization of the QD Coating Using NMR Spectroscopy. We applied four complementary solution phase NMR techniques to carefully characterize the hydrophilic coating on the nanocrystals, namely, ¹H NMR, ³¹P NMR, DOSY NMR, and HSQC spectroscopies. This combination is paramount for proving that only surface-bound ligands are characterized in the medium, for verifying that all phosphoruscontaining organic surfactants are removed during ligand exchange, and for extracting quantitative estimates for the ligand density per nanocrystal. It also allows a direct comparison between the signatures of the ligands when they are surface-ligated or freely diffusing in the dispersion.

Combined Solution Phase One-Dimensional and DOSY NMR Spectroscopy. Solution phase ¹H 1D and DOSY NMR measurements were used to identify the optimal sample



Figure 2. ¹H NMR spectra of LA-PEG-OCH₃ solution (A) together with LA-PEG-OCH₃ QD dispersions in D_2O , after one round (B) and two rounds (C) of purification. DOSY spectra of LA-PEG-OCH₃ in D_2O (D), side by side with LA-PEG-OCH₃ QD dispersions also in D_2O after one round (E) and two rounds of purification (F). Note that the signal in panel E is dominated by the contribution from free ligands. Yellow-emitting QDs were used. The blue circle designates impurities. The NMR spectra recorded in D_2O are water-suppressed.

conditions under which only surface-coordinated ligands are probed and characterized. For this, we start by comparing the ¹H NMR spectra collected from a solution of free LA-PEG-OCH₃ in D₂O with those collected from dispersions of QDs (green-, yellow-, or orange-emitting) photoligated with the same ligand and subjected to zero to three rounds of purification using membrane filtration (see the Experimental Section for more details). The 1D spectra are supplemented with DOSY NMR measurements applied to solutions of free ligands, or to the QD dispersions. The ¹H NMR spectra in Figure 2A–C show that the main proton signatures ascribed to the PEG block and the terminal methoxy group are measured for both free and surface-bound ligands, though with slight shifts: the proton PEG peak is at ~3.6 ppm for free ligands but shifts to ~ 3.55 ppm when the ligands are surface-bound. Similarly, the OCH₃ peak measured for free ligands at 3.3 ppm is shifted to 3.2 ppm when the ligands are bound. There is also a sizable broadening combined with weakening of all measured signatures for the data collected from the purified QD dispersions, in particular in the range of 1-3 ppm, where the peaks of the lipoic acid protons are found. This implies that broadening and weakening of the NMR features drastically affect the signatures emanating from protons in the bound

ligand that are closer to the nanocrystal surfaces. In addition, those spectra show the absence of any peaks in the range of 0-1 ppm, which suggests that the native hydrophobic ligands (e.g., TOPO, TOP, HPA, and HDA) have essentially been removed from the medium.^{89,90} Removal of the native ligands from the samples was further supported by ³¹P NMR spectra collected from the purified QD dispersions, where no signatures of the phosphorus-containing compounds were detected (see Figure S1).⁹⁰

Although broadening of resonance peaks is a general feature of ligands (i.e., protons) associated with larger objects (here, the nanocrystals), this property alone does not provide unequivocal evidence that those ligands are indeed surfacebound. Phase transfer driven by ligand exchange uses a large excess of ligands compared to the QDs, and contributions from free ligands (present in the medium) to the NMR spectra can interfere with data analysis and characterization of the coating. Reliable purification techniques must be applied to discard those free ligands without affecting the colloidal integrity or photophysical properties of the dispersions. Thus, prior to discussing the arrangement and stoichiometry of the ligand shell, we exploit the ability of DOSY NMR to differentiate between free and surface-coordinated ligands in a solution



Figure 3. ¹H NMR spectra of (A) LA-PEG-OCH₃, (C) LA-(PEG-OCH₃)₂, and (E) bis(LA)-PEG-OCH₃ in chloroform-*d* solutions, along with spectra of (B) LAPEG-OCH₃ QDs, (D) LA-(PEG-OCH₃)₂ QDs, and (F) bis(LA)-PEG-OCH₃ QDs dispersed in D₂O. All three QD dispersions were subjected to three rounds of purification prior to collection of the spectra. Yellow-emitting QDs have been used for these measurements. The labels in the left and right panels designate the solvent peak (CHCl₃ for the pure ligand and H₂O for the dispersions). Also apparent in the ligand spectra (~4.75 ppm, C and E) is the signature of the α proton in the aspartic acid. The boxes outline the ppm range included in the expanded windows, not the intensities.

sample based on Brownian diffusion and outline the conditions under which the identified ligands in purified samples emanate primarily from surface-bound molecules. The diffusion coefficients of free ligands and ligands bound to a nanocrystal can be obtained from diffusion-ordered NMR spectroscopy (DOSY), as described in refs 91 and 92. Figure 2D shows the DOSY spectrum of LA-PEG-OCH₃ (L1) dissolved in D_2O (without QDs), represented as a contour plot of the signal intensity correlating the proton chemical shift with the corresponding diffusion coefficient. All the proton signals of LA-PEG-OCH₃ are associated with the same diffusion coefficient. Panels E and F of Figure 2 show the DOSY spectra of a dispersion of LA-PEG-OCH₃-capped QDs (yellowemitting) subjected to one and two rounds of purification. In the QD sample subjected to two rounds of purification, we observe only one diffusion coefficient for all the detected protons that is approximately 1 order of magnitude slower than the value extracted for free LA-PEG-OCH₃ (compare panels D and F in Figure 2). Similar data were collected from QDs photoligated with L2 and L3 and then subjected to three rounds of purification (see Figure S2). This can be attributed to the slower Brownian motion of the QD-ligand complex. Furthermore, the absence of a signature associated with a faster diffusion coefficient proves that there is no detectable free ligand in the water dispersion of QDs after two or more rounds of purification. In comparison, the DOSY spectrum collected from a dispersion of QDs subjected to zero or one round of purification shows two distinct diffusion coefficients, one associated with the free ligand and the other with the QD-

bound ligand (as shown in Figure 2E). These results combined with the pronounced peak broadening indicate that no detectable free cap is measured in samples subjected to at least two rounds of purification. These findings prove the effectiveness of the photoligation strategy in substituting the native cap with the hydrophilic ligands and imply that tight ligand coordination on the ZnS-rich surface drives the binding. Characterization of the ligand stoichiometry on the QD surfaces will be applied to samples that have been subjected to two or three rounds of purification.

Panels A, C, E and B, D, F of Figure 3 show the 1D ¹H NMR spectra collected from LA-PEG-OCH₃, LA-(PEG-OCH₃)₂, and bis(LA)-PEG-OCH₃ ligands, respectively, in CDCl₃ solutions (which serve as references) side by side with representative NMR spectra collected from purified aqueous dispersions of QDs (yellow-emitting) capped with those ligands. Additional ¹H NMR spectra collected from dispersions of green- and orange-emitting QDs are provided in Figure S4. The signatures present in the upfield region (1-3 ppm) measured for all three ligands correspond to the lipoic acid protons, whereas the peaks in the range of $\sim 3.3 - 3.8$ ppm are assigned to the protons in the terminal methoxy and the PEG methylene groups, as shown above. Furthermore, a few of the proton resonances in the spectra of the QD dispersions, shown in panels B, D and F, are shifted upfield and substantially broadened compared to the signature observed in the spectra of free ligands. For surfacebound ligands, interproton dipolar interactions near the nanocrystal surface are strongly enhanced because of the reduced rotational mobility, which results in faster transverse



Figure 4. HSQC spectra collected from ligand solutions in chloroform-*d* of (A) LA-PEG-OCH₃, (B) LA-(PEG-OCH₃)₂, and (C) bis(LA)-PEG-OCH₃ and HSQC spectra of (D) LA-PEG-OCH₃ QDs, (E) LA-(PEG-OCH₃)₂ QDs, and (F) bis(LA)-PEG-OCH₃ QDs dispersed in D₂O. Yellowemitting QD dispersions subjected to three rounds of purification have been used. Note that the signatures measured for the QD-bound ligands are weaker as expected because of slower dynamics. We should also note that for spectra collected from L2 (B) and L3 (C) in CDCl₃ there is a signature at ~4.75 ppm (¹H) and ~50 ppm (¹³C) ascribed to the α proton of the aspartic acid moiety in the ligands.

relaxation and produces peak broadening and weakening of the signal.⁹³ The resonances ascribed to the lipoic acid moiety, in the range of 1-3 ppm, show weak peak intensities combined with pronounced line broadening, making identification of those signatures rather difficult. Conversely, because of their location at the end of a flexible PEG bridge (thus farther from the surface), the terminal methoxy protons experience faster dynamic motions compared to those closer to the nanocrystal surface. They yield a sharp peak at ~3.30 ppm. However, line broadening combined with the upfield shift of proton

signatures in the ligands, due to the presence of a different chemical environment surrounding the nanocrystal surface, may create a significant overlap between the peaks associated with the methoxy protons and those in their proximity [namely, methylene unit around the PEG block (see Figure 2A)]. For instance, examination of the spectra shown in Figures 2 and 3 indicates that there is more overlap between the signatures of the PEG protons at ~3.65 ppm, and the adjacent methylene peak at ~3.55 ppm, as well as merger and/or overlap between the -O<u>CH₃</u> and the -CONH-<u>CH₂</u> protons for surface-



Figure 5. Estimates of the number of ligands per nanocrystal are extracted by comparing the peak integration for the QD dispersions to those of a standard. Shown are ¹H NMR spectra of (A) LA-PEG-OCH₃ QDs mixed with TMSP, (B) LA-PEG-OCH₃ QDs mixed with TMSP and sodium benzoate, (C) LA-(PEG-OCH₃)₂ QDs mixed with TMSP, and (D) bis(LA)-PEG-OCH₃ QDs mixed with TMSP. The nanocrystals were subjected to three rounds of purification and dispersed in D₂O followed by addition of the standard(s). The blue circle designates impurities. Yellow-emitting QDs were used to collect the data.

coordinated ligands. Such overlap will alter the total proton integration for those peaks in D_2O and affect the estimates for the ligand density extracted from the NMR data. To address this issue and gain a better understanding of the peak assignments for bound ligands, we resort to additional 2D NMR measurements.

Remark: We collected the ¹H NMR spectra of the pure ligands in $CDCl_3$ solutions, because bis(LA)-PEG, the oxidized form of this compound, has limited solubility in water. The QDs photoligated with all three ligands are completely dispersible in aqueous media.

Heteronuclear Single-Quantum Coherence (HSQC) Spectroscopy. This technique probes the correlation between the ¹H and ¹³C signatures in the NMR spectra, thus allowing one to distinguish between protons that belong to two distinct methylene groups in the same LA-PEG molecule. This approach exploits the fact that the ¹³C signatures are wellseparated due to the wider window of chemical shifts on the ¹³C scale.⁹⁴ Panels A and D of Figure 4 show the HSQC spectra of free LA-PEG-OCH₃ side by side with QDs photoligated with the same ligand and dispersed in D₂O. The ¹³C chemical shifts of all characteristic peaks for the ligand are overall comparable to those measured from the QD dispersion. However, we found that for the QD sample the two distinct ¹³C resonances at 60 and 40 ppm ascribed to $-O\underline{C}H_3$ and the methylene group in -CONH-CH2 correspond to closely located proton peaks (i.e., at ~ 3.32 ppm). In contrast, the spectrum of the free ligands shows that the ¹H signatures for those two groups have no overlap (i.e., OCH3 at ~3.38 ppm and NH-CH2 at ~3.47 ppm). The HSQC spectra for the other two sets of QD ligands [using LA-(PEG-OCH₃)₂ or bis(LA)-PEG-OCH₃] show similar behaviors, with peak broadening and a slight upfield shift of the proton signatures, combined with ¹³C overlap between the signatures of the methoxy and methylene protons [i.e., overlap of the O<u>CH₃</u> and NH-<u>CH₂</u> protons at \sim 3.28–3.30 ppm (see panels C and D and panels E and F of Figure 3)].

These findings can further be complemented with analysis of the peak integration ratios of the terminal group and PEG block. For example, the measured integration ratio of the proton peaks of the PEG chain (at \sim 3.6–3.7 ppm) and terminal methoxy (at \sim 3.38 ppm) for the free ligand is 56:3. In

comparison, the ratio measured for the protons ascribed to the QD-bound ligands (the combined PEG and methylene proton peak at ~3.45-3.65 ppm and methoxy and methylene peak at \sim 3.28–3.30 ppm) is \sim 64:5; note that the integration peak of the PEG moiety (mPEG, molecular weight of 750) should be \sim 58-65, accounting for the inherent polydispersity of these chains. This indicates that there is clear overlap between two proton peaks when the ligands are coordinated on the nanocrystal surfaces and dispersed in D2O. Similarly, the integration values for QDs photoligated with LA-(PEG-OCH₃)₂ or bis(LA)-PEG-OCH₃ were calculated from the spectra in panels B and E and panels C and F of Figure 3, respectively. For both sets of QD dispersions, the integration ratio of the PEG protons located at 3.4-3.7 ppm and methyl and methylene peaks located 3.2-3.3 ppm is ~126:10 for ligand L2 and 68:5 for ligand L3 (see Figure 3). In addition to the broad resonances, a low signal-to-noise ratio of the peaks in the range of $\sim 1-3$ ppm was observed. Overall, these subtle changes are rather important for collecting accurate data on the density of surface ligands extracted from the various ¹H NMR spectra.

Quantification of Ligand Packing on the Nanocrystals. Having proven that the NMR signatures ascribed to the methoxy-PEG chains, measured for purified QD dispersions, emanate from only QD-bound ligands and identified which protons in the ligands are most affected by surface coordination, we now proceed to extract estimates for the ligand density using our present set of data. For this, we compare the integrated peak intensity associated with the combined methoxy and methylene proton signatures at \sim 3.2-3.3 ppm (see Figure 5) to the peak intensity measured for a standard compound (added externally) at a known concentration. Here, we discuss the ligand quantification data in comparison to TMSP as a standard, because its signature is far from those of the methoxy and methylene protons of the ligands. Nonetheless, comparison to another standard, sodium benzoate, was also performed to provide better confidence in the data analysis and extracted information (see Table S1 and Figure S5).

The procedure described above provides a measure for the overall concentration of QD-coordinated ligands, which is then compared to the molar concentration of the QDs,^{86,95} yielding a value for the average number of ligands per nanocrystal. The QD concentration is extracted from the UV absorption spectra of each set of QDs and using the corresponding molar extinction coefficients at 350 nm:⁹⁵ ε_{350} (green QDs) = 7.53 × $10^5 \text{ M}^{-1} \text{ cm}^{-1}$, ε_{350} (yellow QDs) = 9.42 × $10^5 \text{ M}^{-1} \text{ cm}^{-1}$, and ε_{350} (orange QDs) = $15.7 \times 10^5 \text{ M}^{-1} \text{ cm}^{-1}$. The sizes of the core–shell QDs were extracted from a combination of X-ray scattering at small angles and the overcoating shell thickness.^{22,96} The numbers of bound ligands per nanocrystal extracted for the nine sets of QD–ligand pairs using the NMR data analysis described above are listed in Table 1.

Table 1. Estimates of the Numbers of Ligands per QD Alongwith the Corresponding Ligand Densities and FootprintAreas (FPAs) per Capping Molecule Associated with EachQD-Ligand Set, Extracted from the Various NMR Analyses^a

QD set	ligand	ligand number	ligand density (nm ⁻²) ^b	FPA (nm ²) ^c
green QDs ($\lambda_{em} = 536 \text{ nm}$) (radius $\cong 3 \text{ nm}$)	L1	154 ± 20	1.36	0.73
	L2	71 ± 12	0.63	1.59
	L3	88 ± 13	0.78	1.28
yellow QDs ($\lambda_{em} = 570 \text{ nm}$) (radius $\cong 3.4 \text{ nm}$)	L1	281 ± 31	1.93	0.52
	L2	157 ± 9	1.08	0.92
	L3	174 ± 22	1.19	0.83
orange QDs (λ_{em} = 590 nm) (radius \cong 3.6 nm)	L1	370 ± 37	2.27	0.44
	L2	235 ± 21	1.44	0.69
	L3	280 + 23	1.72	0.58

^aTMSP was used as a standard for these measurements and analyses. The values for the QD core-shell radius were extracted from previous small angle X-ray scattering data and assuming an average of approximately five ZnS monolayers.^{22,96} Data have been averaged over three measurements for each sample. The reported $\lambda_{\rm em}$ values correspond to the emission peaks from hydrophobic core-shell QDs. ^bLigand density = ligand number/(QD surface area). ^cFPA = 1/ (ligand density).

We now discuss the data on the ligand packing shown in Table 1 within the context of a correlation between the effects of size of the anchoring group (namely the coordination number), the number of PEGylated groups per ligand, and the surface curvature of the QDs. Furthermore, to allow a comparison between our findings and those extracted using alternative analytical techniques, we use three related quantities: the total number of ligands per nanocrystal, ligand density (in nm⁻²), and footprint area per surface-bound ligand (FPA in nm²). We find that larger numbers of ligands per nanocrystal are measured for QDs with a larger average surface area (larger radius). This trend is true for all three ligands tested, regardless of their exact architectures. This result is consistent with the expected arrangement of the ligands on the nanocrystals, driven by steric packing, where a larger surface area accommodates more ligands. Conversely, we find that ligands with higher coordination numbers produce a ligand density lower than that of those presenting lower coordination numbers. For example, the density measured for bis(LA)-PEG is approximately 1.5 times lower than that measured for LA-PEG, a result that can be explained by the fact that bis(LA)-PEG with its two anchoring groups occupies more surface area than its mono-LA counterparts. Similarly, the data indicate that the lowest ligand

density is measured for LA-(PEG)₂, a difference that can be attributed to the bulkier hydrophilic block (two PEG moieties per ligand L2 vs one moiety for ligand L1). Additional insights into the ligand packing on the nanocrystal surfaces can be gained from analysis of the FPA per ligand and its correlation with the QD surface curvature. The FPA value is found to vary with the nanocrystal size for all sets of QDs used (see Figure 6A). Smaller NPs have a larger surface curvature, which yields larger accessible lateral space for each ligand to explore. However, the effects of curvature on the FPA are most pronounced for LA-(PEG)₂, where the more bulky hydrophilic blocks can better sample the additional lateral space permitted for smaller nanocrystals (see schematics in Figure 6B). The effects of surface curvature on FPA are less pronounced for the other two ligands: LA-PEG-OCH₃- and bis(LA)-PEG-capped QDs show smaller changes. The increasing coordination number and/or the more pronounced steric effects decrease the number of surface-bound ligands. When the QD size increases, the surface curvature decreases, resulting in a smaller accessible area per ligand (see Figure 6C–D). In that case, the steric hindrance between adjacent PEG chains in the same ligand plays a much larger role than the number of anchoring groups in the ligand packing on the QD surfaces. Overall, the study indicates that a balance between the coordination number and steric effect is crucial for controlling the surface packing density, which is closely linked to the colloidal stability and functionality of NPs.

We stress that the data on the ligand density, extracted using TMSP or/and sodium benzoate as standards, are overall comparable and show similar trends (see Table S1). Nonetheless, data analysis using pyridine as a standard has consistently yielded smaller ligand density values, though the trends for correlating size, surface curvature, and ligand structure are similar to those measured with TMSP and sodium benzoate standards shown above (see Figure S6). Such a difference is attributed to the rather weak coordination binding and/or affinity of pyridine for the unpassivated NP surface.⁹⁶ This highlights the importance of selecting the correct external standard for quantitative analyses.

We should note that the major source of errors in estimating the ligand density (and thus the FPA value) derives from uncertainty associated with the measured molar absorption values (ε_{350}) and QD sizes. Uncertainty associated with the size estimate may be larger for smaller size core—shell nanocrystals. These errors will not alter the observed trend in the FPA measured for the various QD—ligand sets described in this study, nonetheless, as those effects will cancel upon comparison of data for different sizes of QDs.

Finally, it is important to draw a direct comparison between the measurements of the ligand arrangement using NMR spectroscopy presented here and previous results reported by our group, in particular those collected using a combination of hydrazone ligation and UV absorption spectroscopy detailed in ref 86. Both approaches are nondisruptive, as hydrazone ligation discussed in our previous study involved small molecule coupling and the appearance of a specific optical feature at 350 nm. However, the ligand density values were extracted from extrapolation to 100% labeling, due to the limited solubility of the hydrazone derivatives. Nonetheless, the measured value for the ligand density and corresponding FPA are remarkably similar for comparably sized QDs. For instance, the ligand FPA measured for the yellow-emitting set of LA-PEG-OCH₃ QDs is ~0.52, while an FPA value of 0.5 was reported for QDs with



Figure 6. Plots of footprint area (FPA) vs surface QD radius (A) or FPA vs curvature (B) for the nine QD–ligand sets used. The solid lines are added for guidance. (C and D) Schematic model comparing the effect of surface curvature on the footprint area for two different size QDs photoligated with LA-PEG-OCH₃ or with LA-(PEG-OCH₃)₂. The size representation is not to scale and is intended to enhance the effects of the difference in curvature between a small and a larger size nanocrystal.

comparable emission in ref 85. These findings further prove the effectiveness of NMR spectroscopy as a quantitative tool for identifying the structure of the organic capping on various inorganic nanocrystals.

CONCLUSION

We have applied several solution NMR techniques to develop non-invasive characterization of the organic capping layer on hydrophilic CdSe-ZnS QDs. The QDs were rendered biocompatible via photoligation with three sets of lipoic acidbased ligands, containing one or two anchors and one or two PEG chains. We show that by combining the ¹H and DOSY NMR we can identify the sample conditions under which only surface-coordinated ligands are detected. Those data have been supplemented with HSQC measurements, which allowed us to identify when specific overlaps between distinct proton resonances are observed for QD-bound ligands but not for ligands in solution. Estimates of the number of surface ligands are extracted for three different size QDs capped with three distinct sets of ligands (i.e., a total of nine QD-ligand complexes) using the NMR data described above in comparison with those of two internal standards. Three aspects of the coating shell have been discussed, including the total number of ligands per nanocrystal, ligand density, and ligand footprint area. This yielded valuable information correlating the effects of the coordination number, the steric hindrance imposed by the overall size of the PEG blocks, and the surface curvature of the nanocrystal on the solubilizing layer for these materials.

Our results are highly relevant to the use of QDs and other surface-functionalized nanomaterials in biology. They have implications for QD bioconjugation and targeting, imaging, and sensor design based on energy and charge transfer interactions, where the stoichiometry of the conjugates is crucially important. Given the non-invasive nature of NMR spectroscopy, our measurements provide valuable information about the "true" ligand arrangements for these materials. They can easily be extended to other nanocrystals in buffer or hydrophobic media, where information about the molecular arrangements on the QD surfaces is highly valuable.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.chemma-ter.8b01033.

Additional details about QD growth, synthesis of ligands, sample preparation, TEM images, DLS data, along with ¹H NMR, ³¹P NMR, DOSY NMR, and HSQC data (PDF)

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ACKNOWLEDGMENTS

The authors thank the National Science Foundation (NSF-CHE Grants 1508501 and 1058957), the National Institutes of Health (Grant R01 DC013080), and Asahi-Kasei Inc. for financial support and Wentao Wang and Sisi Wang for fruitful discussions.

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